



CU Allergy Week 2023

Face-to-face Allergy Workshops (3 June 2023 [Sat])

Venue: Classrooms CYT201, CYT202 and CYT203, Cheng Yu Tung Building, CUHK
 Time: 14:00 – 16:45 (on-site registration starts at 13:15)
 Capacity: 40 persons per workshop
 Target: General public (patients, parents and teachers; all must be ≥ 18 years old)
 Registration: HK\$100 per workshop (first-come-first-served and pre-registration and pre-payment by bank-in required)
 (certificate of attendance and souvenir will be issued)

Time	Workshop 1 (Childhood Eczema)	Workshop 2 (Food allergy)	Workshop 3 (Anaphylaxis)
14:00-14:25	Presentations <ul style="list-style-type: none"> • Medical care • Nursing care • Video on wet wrap 	Presentations <ul style="list-style-type: none"> • Food allergy diagnosis • Oral food challenge • Introduce the concept of oral immunotherapy • Video on food prep 	Presentations <ul style="list-style-type: none"> • Causes and recognition of anaphylaxis • Medical and nursing management • Video on administration of adrenaline autoinjector
14:25-14:45	Hands-on/practical <ul style="list-style-type: none"> • Evaluate skin hydration and transepidermal water loss 	Hands-on/practical <ul style="list-style-type: none"> • Cooking demonstration • Preparation of quinoa cookie 	Hands-on/practical <ul style="list-style-type: none"> • Experience use of autoinjector with both trainer and actual device
15-min Break			
<i>Repeat the above workshops at 15:00-15:45</i>			
15-min Break			
<i>Repeat the above workshops at 16:00-16:45</i>			

The above programme may be subject to further changes.

Updated on 23 May 2023