

CU Allergy Week 2025

Allergy Workshops (12 July 2025 [Sat])

Venue: Classrooms CYT201 and CYT202, Henry Cheng International Conference Centre, 2/F Cheng Yu Tung Building, CUHK (next to MTR University Station)

Time: 13:45-16:30 (on-site registration starts at 13:15)

Capacity: 50 people per workshop

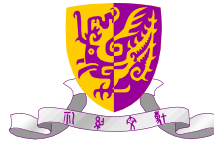
Target: General public (must be ≥ 6 years old)

Registration: HK\$100 for each workshop (first-come-first-served, pre-registration and pre-payment by bank-in required)

*certificate of attendance and souvenir will be issued

Time (Venue)	Content
13:45-14:30 (CYT202)	Workshop 1 (Assessment of Lung Functions in Asthma)
	Presentations: • Diagnosis, assessment and management of asthma • Anti-asthma drugs
	Hands-on/ practical for participants: • Spirometry • Peak expiratory flow measurement • Demonstration of different anti-asthma inhalation devices
15-minute Break	
14:45-15:30 (CYT201)	Workshop 2 (Food Allergy and Anaphylaxis)
	Presentations: • General considerations of food allergy and anaphylaxis • Introduction to cow's milk and egg allergies • Emergency management in anaphylaxis
	Hands-on/ practical for participants: • Alternatives recipes for cow's milk and egg allergy • Administration of Jext autoinjector and Neffy device
15-minute Break	
15:45-16:30 (CYT202)	Workshop 3* (Allergen-specific Immunotherapy for Airway Allergies)
	Presentations: • Introduction on allergy diagnostic tests • Indications and different approaches for allergen immunotherapy • Safety considerations for allergen immunotherapy
	Hands-on/ practical for participants: • Skin prick tests with common inhalant allergens • Demonstration of different immunotherapy kits * Participants for workshop 3 need to stop all antihistamine for at least one week prior to the workshop, otherwise these drugs may affect the results of skin prick testing

The above programme may be subjected to further changes.



Updated on 9 July 2025