

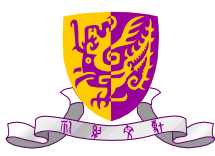


CU Allergy Week 2024

Allergy Workshops (20 July 2024 [Sat])

- Venue: Classrooms CYT201 and CYT202, Henry Cheng International Conference Centre, 2/F Cheng Yu Tung Building, CUHK (next to MTR University Station)
- Time: 14:00 – 16:45 (on-site registration starts at 13:15)
- Capacity: 50 people per workshop
- Target: General public (must be ≥ 18 years old)
- Registration: HK\$100 for each workshop (can sign up for more than one workshop) (first-come-first-served, pre-registration and pre-payment by bank-in required)
- *certificate of attendance and souvenir will be issued

Time (Venue)	Content
14:00 – 14:45 (CYT201)	Workshop 1 (Childhood Eczema)
	Presentations <ul style="list-style-type: none"> Eczema treatment and management skills Wet wrap therapy (demonstration)
	Hands-on/practical <ul style="list-style-type: none"> Skin hydration and transepidermal water loss measurement
15-min Break	
15:00 – 15:45 (CYT202)	Workshop 2 (Food Allergy and Anaphylaxis)
	Presentations <ul style="list-style-type: none"> Food allergy management: food label-reading, preparing foods at home, and tips on dining out and travelling Signs and symptoms of anaphylaxis and how to use the adrenaline auto-injector (JEXT)
	Hands-on/practical <ul style="list-style-type: none"> Allergen-friendly cooking demonstration, food sampling, and display of food substitutes for wheat, dairy, and egg Video and physical demonstration on how to use JEXT
15-min Break	
16:00 – 16:45 (CYT202)	Workshop 3 (Allergen-specific Immunotherapy)
	Presentations <ul style="list-style-type: none"> Introduction on allergy diagnostic tests Concept and approaches for allergen immunotherapy Safety considerations for allergen immunotherapy
	Hands-on/practical <ul style="list-style-type: none"> Show different methods and kits for immunotherapy (e.g. injection, sublingual, oral) Skin prick tests



The above programme may be subjected to further changes.

Updated on 17 June 2024